

## 5. Kochi Temples and Niyodo River Cycling Course

	DAY 1	DAY 2	DAY 3
6:00			
7:00			
8:00		Katsuo Guest House or hotel in central Kochi area (Check out) 8:25 Depart Kochi Station 8:51 Arrive Ino Station	Hotel in Sakawa area (Check out)
9:00	9:39 Arrive Kochi Station	Ino Tourist Information (Borrow bike)	
10:00	Tosa Terrace (Rent bike, leave baggage) T31 Chikurinji (Sutra copying and meditation experience)	Japanese Paper Museum (Paper-making experience)	Suigei Brewery (Tosagura) (Visits: Thu-Sun 10:30- Reservation required)
11:00			
12:00		Michi-no-Eki QRAUD	Dragon Square (Explore, lunch)
	Lunch: Utososo etc.	Lunch: Michi-no-Eki QRAUD, JA Shop, Aogi, etc.	
13:00			leave baggage temporary at Sasahara Hire Taxi
	T32 Zenjibuji	Submersible bridge (Nagoyachinkabashi)	
14:00			T35 Kiyotakiji
		Kochi Ice Cream	pick up baggage at Sasahara Hire Taxi
15:00	Urado Bay Ferry at Tanezaki Ferry Port		
	T33 Sekkeiji		Ino Tourist Information (Return the bike)
16:00	Tosa Terrace (Return bike, pick up baggage)		
17:00	Katsuo Guest House or hotel in central Kochi area (Check in)	Hotel in Sakawa area such as Beinichiya and Meiseikan (Check in)	
18:00			

NOTES
<p><b>DAY 1</b></p> <p>Bike: Rent a bike for free at Tosa Terrace. It is safe to use an electric bicycle in eco-mode except on uphill slopes!</p> <p>Baggage: Ask for baggage storage. Pick up your baggage when you return the bike.</p> <p>Various temple experiences are available at Chikurinji. If you are interested in sutra copying, meditation, etc., ask at the temple office beforehand. Advance email reservation required.</p> <p>Urado Bay Ferry: Makes the 600m crossing in about 5 minutes. People and bicycles can use the ferry free of charge. Below is the timetable. <a href="https://www.pref.kochi.lg.jp/soshiki/170701/keneitosen.html">https://www.pref.kochi.lg.jp/soshiki/170701/keneitosen.html</a></p>
<p><b>DAY 2</b></p> <p>JR Kochi Station→JR Ino Station by JR, and rent a bike at Ino Town Tourist Association.</p> <p>If you are interested, you can try making Tosa washi paper (takes about 1 hour) at the Ino-cho Paper Museum. <a href="https://kamihaku.com/experience">https://kamihaku.com/experience</a></p> <p>Nagoshiya Submersible Bridge: The bridge is located in the lowest reaches of the Niyodo River. Its 191m-long span is sure to be an Instagram-worthy spot! <a href="https://www.inofan.jp/spot/nature/n139/">https://www.inofan.jp/spot/nature/n139/</a></p> <p>Kochi Ice Cream Shop: In addition to ice cream, you can enjoy waffles and parfaits. A café with a spectacular view of Niyodo Blue. <a href="http://www.kochi-ice.com/">http://www.kochi-ice.com/</a></p>
<p><b>DAY 3</b></p> <p>Suigei (meaning Drunken Whale) Brewery: Sign up for a brewery tour and receive free tasting and an original boar cup. Reservations available online. <a href="https://suigei.co.jp/brewery/tour">https://suigei.co.jp/brewery/tour</a></p> <p>Kiyotakiji: The steep and extremely narrow path is said to be the steepest of the 88 sacred sites! Don't miss the ceiling of the Niomon Gate, which has a "dragon in all directions" painted in 1900. In the main hall, visitors can take a free "kairan (tour of the Buddhist altar)" and experience a pitch-dark world. The tour takes about 5 minutes.</p> <p>Bike: Return it to Ino Town Tourist Association</p>