# 3. Kakurinji and Tairyuji Mountain Temple and Coastal View Walking Course 🖈

	DAY 1	DAY 2	DAY 3	DAY 4
6:00				
7:00				
			Pandaya Minshuku	
		Aoi (Check out, leave baggage)	(Check out, leave baggage)	
8:00				T23 Yakuoji
		Omatsu Daigongen		
				Hiwasaya (Check out)
9:00		Walk Kamo-michi	Cross Kaitani Pass	
				Michi-no-Eki Hiwasa
	9:30 Depart Tokushima Station			(bike rental and leave baggage)
10.00	9:57 Arrive Tatsue Station			Explore by bike
10:00	Meet up with staff of Aoi where you stay			Senba Kaigai Cliff
	the nigh and leave your baggage			
	T19 Tatsueji			
11:00		T21 Tairyuji	Lunch: Bento box lunch at Tainohama	
11.00			Beach	
			beach	
		Shashingatake, inner sanctuary of T21		
12:00		Lunch: Bento box lunch, etc.		
		Walk Iwaya-michi		
13:00	Lunch: Lawson Numae, etc.			
			Ebisu Cave	
14:00				Michi-no-Eki Hiwasa (Return the bike
				and pick-up your baggage)
			Ohama Beach	14:40 Depart JR Hiwasa Station
15.00			Hiwasa Chelonian Museum Caretta	
15:00	Walk Kakurinji-michi			
	T20 Kakurinji			
16:00		T22 Byodoji		16:11 Arrive Tokushima Station
10.00			Hiwasaya	
			(Check in, pick-up your baggage)	
		Pandaya Minshuku		
17:00		(Check in, pick-up your baggage)		
18:00	Inn Aoi			
	(Check in, pick-up your baggage)			

#### NOTES

### DAY 1

Baggage: Meet the owner of Inn Aoi, where you will stay on the first night, at Tatsue Station and leave your luggage and go to T19 and T20.

Tatsueji: This was a sekishoji (barrier temple where inspections were performed; each prefecture has only one sekishoji) where Kobo Daishi is said to check each pilgrim's behavior so "evil cannot proceed beyond this point."

Kakurinji: Located near the summit of a 516m-high mountain, the temple commands a splendid view of the Pacific Ocean. A statue of a crane welcomes visitors to the main hall.

## DAY 2

Baggage: Drop it off at Aoi and ask to have it delivered to Pandaya Minshuku.

Omatsu Daigongen: The shrine is dedicated to about 10,000 manekineko "beckoning cats." It has komaneko (guardian cats), not komainu (guardian dogs)!

The pilgrimage route around Tairyuji Temple is an ancient path surrounded by greenery. Don't miss the bamboo forest, pristine nature, and the stone with the year 1365 inscribed on it!

Tairyuji: Known as "Koyasan of the West," the temple's spacious grounds are lined with centuries-old cedar and cypress trees. From the ropeway summit station, visitors can visit 88 stone statues one by one as they climb the mountain. Beyond is the inner sanctuary, Shashingatake, where a statue of Kukai sits on a rocky cliff.

## DAY 3

Take a lunch break at Tainohama Beach with its shallow blue water and calm waves. It boasts one of the best water qualities in Japan.

Ebisu Cave, created by erosion of the waves lapping the shore, is 32 meters wide and 31 meters high!

#### DAY 4

Yakuoji is popular as a temple that wards off bad luck. There are 33 stone steps to the main hall for women and 42 stone steps for men, and visitors in bad luck years can be seen placing a 1 yen coin on each step as they climb.

Bike: Rent a bike at Michi-no-Eki Hiwasa and enjoy the majestic view of the towering Senba Kaigai Cliff. After returning the bike, head to JR Hiwasa Station and then to Tokushima Station.