

1. Tokushima Trial Pilgrimage Course

	DAY 1	DAY 2	DAY 3
6:00		T6 Shukubo (Check out, leave baggage) T6 Anrakuji	
7:00			Ryokan Yoshino (Check out, leave baggage) T11 Fujiidera
8:00		T7 Jurakuji	
8:45	Depart Tokushima Station	Rest: Pilgrim rest hut 57, Omotenashi Park	
9:00	9:05 Arrive Bandō Station Monzen Ichibangai (Leave baggage, also you could purchase the necessary pilgrimage) T1 Ryozenji	T8 Kumadaniji	Chodoan
10:00			Ryusuian
	T2 Gokurakuji	T9 Horinji	
11:00			Ipponsugian
12:00	T3 Konsenji	Lunch: On bench at Sumotoriya Convenience store bento box lunch, etc.	Lunch: Bento box lunch from Ryokan Yoshino, etc.
13:00	Lunch: Bento box lunch, Konsen, etc.	T10 Kirihataji	
	Aizen-in, inner sanctuary of T3		
14:00	T4 Dainichiji	Walk on Zennyujito Island	T12 Shosanji
15:00	Gohyaku Rakan, inner sanctuary of T5 T5 Jizoji		Joshinan
16:00		T11 Fujiidera Rest: Henro no Sato	Oyado Sudachian (Pick up baggage) 16:31 Depart Shosanji Bus Stop
17:00		Ryokan Yoshino (Check in, pick-up your baggage)	
18:00	T6 Shukubo(Check in, pick-up your baggage) Buddhist ceremony experience at T6		

NOTES
<p>This is a model schedule. Feel free to change it according to your walking speed, physical strength, and interests. Get to the accommodation by 5 p.m. Do not push yourself so hard that you are exhausted!</p> <p>DAY 1 Baggage: Leave it at the Monzen Ichibangai counter and request delivery to Anrakuji Temple, where you will be staying.</p> <p>Anrakuji Temple is a unique temple accommodation. It offers hot spring baths and a Buddhist ceremony you can participate in after dinner.</p> <p>DAY 2 Baggage: Leave it at Anrakuji Temple and request delivery to Ryokan Yoshino, where you will be staying.</p> <p>The owner of Sumotoriya can speak English. If you are interested in pilgrim outfits and supplies, he can explain them to you at the store.</p> <p>Zennyujito Island is the largest uninhabited island in a river in Japan. When rice is not grown, rape blossoms, sunflowers, cosmos, and other flowers bloom on the island.</p> <p>We recommend going to Henro no Sato, where you can get information on the Shikoku Pilgrimage.</p> <p>DAY 3 Baggage: Leave it at Ryokan Yoshino and request delivery to Sudachian.</p> <p>On the left side of T11 Fujiidera hondo, there are stairs to T12 Shozanji.</p> <p>Go to the restroom before the henro korogashi experience because there are no toilets on the way. The mountain route to T12 Shosanji is 12.7 kilometers. It will take 5 hours at a brisk pace and 8 hours at a slower pace.</p> <p>You can catch the 16:31 bus at Shosanji Bus Stop.</p>