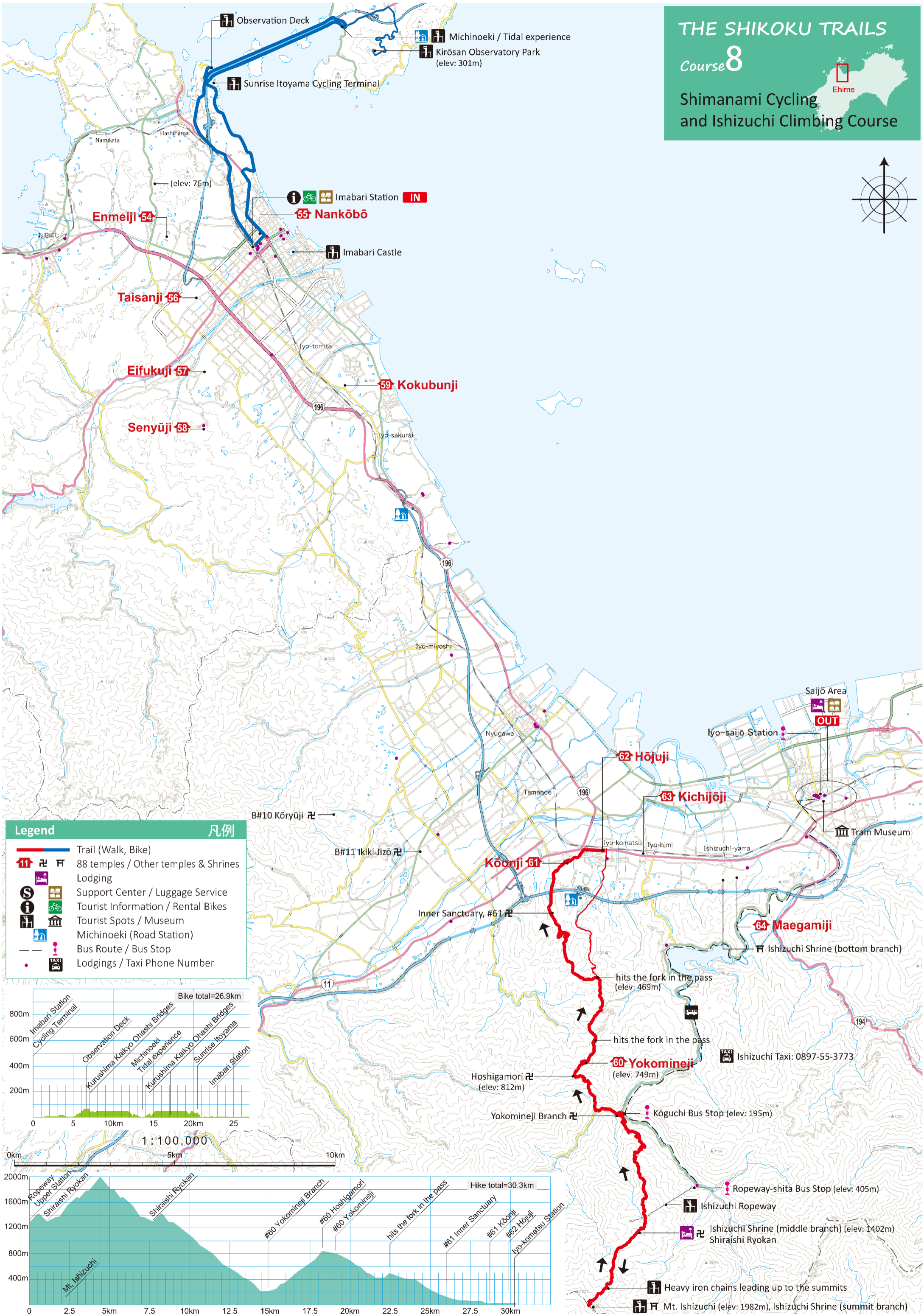
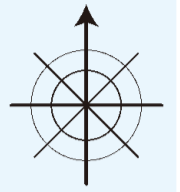


THE SHIKOKU TRAILS

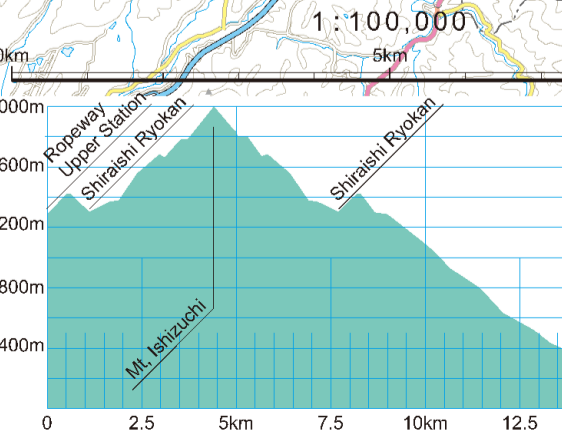
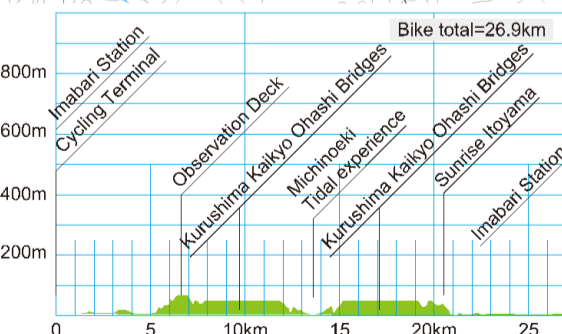
Course 8

Shimanami Cycling and Ishizuchi Climbing Course



Legend 凡例

- Trail (Walk, Bike)
- 88 temples / Other temples & Shrines
- Lodging
- Support Center / Luggage Service
- Tourist Information / Rental Bikes
- Tourist Spots / Museum
- Michinoeki (Road Station)
- Bus Route / Bus Stop
- Lodgings / Taxi Phone Number



Key Locations and Landmarks:

- Imabari Area:** Imabari Station (IN), Imabari Castle, Imabari Station (elev: 76m), Sunrise Itoyama Cycling Terminal, Observation Deck, Michinoeki / Tidal experience, Kirōsan Observatory Park (elev: 301m).
- Central Area:** Enmeiji 54, Taisanji 55, Eifukuji 57, Senyūji 58, Kokubunji 59, Kōbonji 61, Hōjuji 62, Kichijōji 63, Maegamiji 64.
- Saijō Area:** Saijō Area (OUT), Iyo-saijō Station, Train Museum, Ishizuchi Shrine (bottom branch).
- Shiraishi Ryokan Area:** Ropeway-shita Bus Stop (elev: 405m), Ishizuchi Ropeway, Ishizuchi Shrine (middle branch) (elev: 1402m), Shiraishi Ryokan, Heavy iron chains leading up to the summits.
- Mt. Ishizuchi:** Mt. Ishizuchi (elev: 1982m), Ishizuchi Shrine (summit branch).

Other Landmarks: B#10 Kōryūji, B#11 Ikiki Jizō, Inner Sanctuary, #61, Hoshigamori (elev: 812m), Yokomineji Branch, Yokomineji (elev: 749m), Kōguchi Bus Stop (elev: 195m), Iyo-komatsu, Iyo-himi, Ishizuchi-yama, Iyo-sakurai, Iyo-tomita, Nyugawa, Tamaoie, Iyo-miyoshi, Iyo-sakurai, Iyo-saijō Station, Saijō Area (OUT).

Infrastructure: Highway 196, Highway 194, Highway 11.

Services: Ishizuchi Taxi: 0897-55-3773.